

Sprint Tournament # 3 -Time Trials

On a VERY windy day at the Hellyer Park Velodrome, a pretty big group of new riders to the sprint tourneys, joined the regular sprinters for a "speed day". Racing nothing but time trials, we started with flying 200's, then did flying single laps, standing 500 meters, standing kilos, and finished the day with some team sprints.

It was really windy all week, with one of our training sessions earlier in the week a real adventure doing motor work with blowing crosswinds. I was optimistic Sunday morning as the wind seemed to have died down some, but it was not to be as it got windier and windier later in the day. So, not a true "speed day", but a lot of work was done, and fun was had by all - I think.

Thanks to my partner in crime, Richard Brockie for running the show today, allowing me to race, although due to some equipment problems my 500 had a lot to be desired. Special thanks goes to my Friday Night Breakaway co-race director, Linelle Northcott for helping Richard keep things running along smoothly, and to my lovely wife Anne for braving the hell sometimes known as lap keeper and bell ringer. A thankless job if there every was one.

Thanks to everyone for coming down. We had 40 souls braving the wind. The next tournament wil be June 18th.

RESULTS BY NAME

NAME	200 METER	FLYING LAP	500 METER	KILO
Aishima, Jun	13.63			01:26.16
Allbut, David	13.84	24.5	40.66	01:25.37
Altimirano, Mark		23.07	38.81	
Bechtel, Chris	13.97		41.74	01:42.15
Crass, Derrick	13.43	23.83		01:24.95
Degette, Rick	13.56	24.26		
Elgart, Matias	12.53	20.94		01:17.05
Fox, Kevin	13.46	23.29		
Geissert, Warren	12.25			
Haraguchi, Dean	12.1	21.26	36.9	
Hart, Eugene	14.54	24.47	42.25	01:24.00
Hatfield, Shawn	12.82	22.4		01:19.82

Hawkins, Ben	13.34	25.41		01:24.69
Holland, Annabelle	14	24.93	41.58	
Jensen, Robyn	15.67		47.16	
Jimenez, Sergio	12.82	23.44	40.12	01:23.14
Johnson, Carlos	13.06			
Littlehales, Greg	14.21	24.65		01:28.50
Maroon, Mary	14.22		43.78	
Miranda, George	12.94			
Montagne, Tim	12.47		38.35	
Nakamura, Mark	14.34			01:29.17
Nolan, Larry	12.13			
Northcott, Douglas	12.31			01:12.19
O'Dell, Mike	13.41	23.91		01:23.97
Pallin, Jeff	13.14	23.59	41.41	01:26.01
Prolo, Jared	12.84			01:21.78
Rey, Giovanni	12.47	21.85		
Rodamker, Mark	12.44	22.5		
Sandoval, Mario	13.29	23.31		
Schadley, Joe	13.84	24.16		01:28.60
Spor, Gareth	13.59	24.18	41.84	01:30.06
Swanson, Jon	12.43	22.56	38.81	01:21.25
Uribe, Zack	14.84			
Wassom, Jeremiah	13.94		40.63	
Wilson, Coby	14.06	24.3		01:25.22
Witkowski, Matt	14.93			01:24.70
Worley, Kevin	12.32		38.34	
Yazolino, Paul	13.44		40.5	

RESULTS BY FLYING 200 METER TIMES

NAME	200 METER	FLYING LAP	500 METER	KILO
Haraguchi, Dean	12.1	21.26	36.9	
Nolan, Larry	12.13			
Geissert, Warren	12.25			
Northcott, Douglas	12.31			01:12.19
Worley, Kevin	12.32		38.34	
Swanson, Jon	12.43	22.56	38.81	01:21.25
Rodamker, Mark	12.44	22.5		
Montagne, Tim	12.47		38.35	
Rey, Giovanni	12.47	21.85		
Elgart, Matias	12.53	20.94		01:17.05
Jimenez, Sergio	12.82	23.44	40.12	01:23.14
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Prolo, Jared	12.84			01:21.78
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Pallin, Jeff	13.14	23.59	41.41	01:26.01
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Hawkins, Ben	13.34	25.41		01:24.69
O'Dell, Mike	13.41	23.91		01:23.97
Crass, Derrick	13.43	23.83		01:24.95
Yazolino, Paul	13.44		40.5	
Fox, Kevin	13.46	23.29		
Degette, Rick	13.56	24.26		
Spor, Gareth	13.59	24.18	41.84	01:30.06
Aishima, Jun	13.63			01:26.16
Allbut, David	13.84	24.5	40.66	01:25.37
Schadley, Joe	13.84	24.16		01:28.60
Wassom, Jeremiah	13.94		40.63	
Bechtel, Chris	13.97		41.74	01:42.15
Holland, Annabelle	14	24.93	41.58	
Wilson, Coby	14.06	24.3		01:25.22
Littlehales, Greg	14.21	24.65		01:28.50
Maroon, Mary	14.22		43.78	??

Nakamura, Mark	14.34			01:29.17
Hart, Eugene	14.54	24.47	42.25	01:24.00
Uribe, Zack	14.84			
Witkowski, Matt	14.93			01:24.70
Jensen, Robyn	15.67		47.16	
Altimirano, Mark		23.07		

RESULTS BY FLYING LAP TIMES

NAME	200 METER	FLYING LAP	500 METER	KILO
Elgart, Matias	12.53	20.94		01:17.05
Haraguchi, Dean	12.1	21.26	36.9	
Rey, Giovanni	12.47	21.85		
Hatfield, Shawn	12.82	22.4		01:19.82
Rodamker, Mark	12.44	22.5		
Swanson, Jon	12.43	22.56	38.81	01:21.25
Altimirano, Mark		23.07	38.81	
Fox, Kevin	13.46	23.29		
Sandoval, Mario	13.29	23.31		
Jimenez, Sergio	12.82	23.44	40.12	01:23.14
Pallin, Jeff	13.14	23.59	41.41	01:26.01
Crass, Derrick	13.43	23.83		01:24.95
O'Dell, Mike	13.41	23.91		01:23.97
Schadley, Joe	13.84	24.16		01:28.60
Spor, Gareth	13.59	24.18	41.84	01:30.06
Degette, Rick	13.56	24.26		
Wilson, Coby	14.06	24.3		01:25.22
Hart, Eugene	14.54	24.47	42.25	01:24.00
Allbut, David	13.84	24.5	40.66	01:25.37
Littlehales, Greg	14.21	24.65		01:28.50

Holland, Annabelle	14	24.93	41.58	
Hawkins, Ben	13.34	25.41		01:24.69

RESULTS BY STANDING 500 METER TIMES

NAME	200 METER	FLYING LAP	500 METER	KILO
Haraguchi, Dean	12.1	21.26	36.9	
Worley, Kevin	12.32		38.34	
Montagne, Tim	12.47		38.35	
Altimirano, Mark		23.07	38.81	
Swanson, Jon	12.43	22.56	38.81	01:21.25
Jimenez, Sergio	12.82	23.44	40.12	01:23.14
Yazolino, Paul	13.44		40.5	
Wassom, Jeremiah	13.94		40.63	
Allbut, David	13.84	24.5	40.66	01:25.37
Pallin, Jeff	13.14	23.59	41.41	01:26.01
Holland, Annabelle	14	24.93	41.58	
Bechtel, Chris	13.97		41.74	01:42.15
Spor, Gareth	13.59	24.18	41.84	01:30.06
Hart, Eugene	14.54	24.47	42.25	01:24.00
Maroon, Mary	14.22		43.78	
Jensen, Robyn	15.67		47.16	

RESULTS BY STANDING KILO TIMES

NAME	200 METER	FLYING LAP	500 METER	KILO
Northcott, Douglas	12.31			01:12.19
Elgart, Matias	12.53	20.94		01:17.05
Hatfield, Shawn	12.82	22.4		01:19.82

Swanson, Jon	12.43	22.56	38.81	01:21.25
Prolo, Jared	12.84			01:21.78
Jimenez, Sergio	12.82	23.44	40.12	01:23.14
O'Dell, Mike	13.41	23.91		01:23.97
Hart, Eugene	14.54	24.47	42.25	01:24.00
Hawkins, Ben	13.34	25.41		01:24.69
Witkowski, Matt	14.93			01:24.70
Crass, Derrick	13.43	23.83		01:24.95
Wilson, Coby	14.06	24.3		01:25.22
Allbut, David	13.84	24.5	40.66	01:25.37
Pallin, Jeff	13.14	23.59	41.41	01:26.01
Aishima, Jun	13.63			01:26.16
Littlehales, Greg	14.21	24.65		01:28.50
Schadley, Joe	13.84	24.16		01:28.60
Nakamura, Mark	14.34			01:29.17
Spor, Gareth	13.59	24.18	41.84	01:30.06
Bechtel, Chris	13.97		41.74	01:42.15

TEAM SPRINT TIMES (not listed by place - raw times only)

NAME	LAP ONE	LAP TWO	LAP THREE	
Jensen, Robyn	32.73			
Holland, Annabelle		58.64		
Freedman, Nicole			01:24.81	
Miranda, George*	30.67			*pulled out of pedal but continued ride
Geissert, Warren		53.17		
Nolan, Larry			01:15.47	
Spor, Gareth	31.18			
Hawkins, Ben		57.17		
Hatfield, Shawn			01:22.26	
Rey, Giovanni	26.3			
Haraguchi, Dean		49.05		

Elgart, Matias			01:13.38	
Prolo, Jared	30.33			
Witkowski, Matt		56.11		
Wilson, Coby			01:21.03	
Schadley, Joe	30.15			
O'Dell, Mike		55.87		
Sandoval, Mario			01:20.88	
Hart, Eugene	30.15			
Jimenez, Sergio		53.87		
Altimirano, Mark			01:17.80	
Wassom, Jeremiah	32.76			
Maroon, Mary		53.87		
Littlehales, Greg			01:25.24	
Nakamura, Mark	31.68			
Aishima, Jun		56.49		
Allbut, David			01:23.71	